

**VIRGINIA OFFICE FOR SUBSTANCE ABUSE PREVENTION (VOSAP) COLLABORATIVE**  
**MAY 17, 2018 – 9 A.M. -11 A.M**  
**DBHDS, 1220 BANK STREET RVA 23219**

**VOSAP Collaborative Members in attendance:**

Jennifer Farinholt, Alcoholic Beverage Control Authority (ABC)  
Jean Hoyt, Dept. of Health (VDH)  
Marty Kilgore, Virginia Foundation for Healthy Youth (VFHY)  
Jodi Manz, Assistant Secretary of Health & Human Resources  
Krystal Murray, Virginia State Police/YOVASO  
Abby Pendleton, Virginia ABC  
SFC Douglas Perry, Virginia National Guard Counterdrug Taskforce  
Nicole Shipp, Virginia Department of Social Services (DSS) for Christopher Spain  
Gail Taylor, DBHDS  
Vanessa Wigand, Dept. of Education

**VOSAP Collaborative Members not present:**

Jessica Lambertson, Dept. of Motor Vehicles (by phone)  
JoAnn Burkholder, DOE (now retired)  
Mary Crozier, Community Coalitions of Virginia (CCoVA)  
James Christian, DCJS  
Mary King, Virginia State Police/YOVASO  
Art Mayer, Dept. of Juvenile Justice  
Donna Michaelis, DCJS  
Christopher Spain, (DSS)  
LTC William X Taylor, Virginia National Guard Counterdrug Task Force Commander  
Melissa Wood, Virginia ABC  
Monica Jackson, Dept. of Criminal Justice Services (DCJS)

**Welcome and introductions**

We opened by introducing ourselves and sharing something healthy we'd done for ourselves recently. The following Collaborative member changes are noted: DOE's Vanessa Wigand joined us. DOE's JoAnn Burkholder retired. Virginia ABC is no longer contracting with the FDA so Melissa Wood is moving into a new position. Kim Brown is no longer Project Manager contracted with DBHDS (she is concentrating on growth of her business TurnKey KB & Associates LLC).

**Review of February 23, 2018 Meeting Summary**

There were no changes to the February 23, 2018 Meeting Summary.

**Partnership for Success (PFS) Grant Advisory Committee Role and State Epidemiological Workgroup Report from Gail Taylor**

Erima Fobbs is the new Project Manager. New data has been uploaded to the [Social Indicator Dashboard](#). Of particular note is data from the Army National Guard Unit Risk Inventory. The National Guard has a lot of people aged 18-25 and this is a group for which we are consistently trying to get more data.

The CSBs are scheduled to update their needs assessments. With the Virginia Youth Survey we now have regional data and Loudon County, Arlington, Richmond, Petersburg and Waynesboro oversampled. There was a discussion about school divisions being reluctant to participate in the survey. One way to address this issue locally and through the coalitions (to avoid the misperception that substance use is a school issue rather than a

community issue), is by use/identify age ranges versus grades and refer to it as “community data” versus “school data.” Vanessa said that pulling focus groups and asking open-ended questions is another way to get important qualitative data/information from students.

Marty noted there is inconsistent use of terms both among kids and adults particularly with juuling/vaping as the technology is changing so rapidly. Doug added that many communities are struggling to address this. VFHY’s Donna Gassie is updating the [“The Dangers of Other Tobacco Products”](#) curriculum.

### **Governor’s Taskforce on Prescription Drug and Heroin Abuse Updates from Jodi Manz, Assistant Secretary of Health & Human Resources**

Jodi said there’s a lot going on pertaining to opioids and addiction. There are good partnerships with Public Safety and enhanced data sharing. Carfentanyl is showing up in Northern Virginia and Manassas. They’ve seen mixing with synthetic stimulants/MDMA/Molly. There’s been a spike in stimulant overdose and stimulant-induced seizures. We are moving into substance use/drug manufacture and delivery that is futuristic.

Governor Northam is supporting the following initiatives:

1. Prevention and coalition development!
2. Comprehensive harm reduction (Jodi said VDH did a great job summarizing this information at this link <http://www.vdh.virginia.gov/disease-prevention/chr/>.) Harm reduction allows people into a setting where they can get clean needles; this reduces law enforcement and health care costs. All of the surrounding states are ahead of us so from their results we can extrapolate that people are 5x more likely to enter treatment if treated humanely, communicating “I’m here to help you when you are ready.” This is major progress for the Commonwealth and is supported by studying what has happened in other states. In 2016, the CDC did an assessment after an outbreak of Hepatitis C and HIV in Indiana. States that have the biggest problem are doing the most innovative work.
3. Supply prevention—trying to keep as few pills out there for diversion as possible. There’s been a 45% drop in the past year of pills out on the street. Drug takebacks will also be increased along with getting a handle on the location and promotion of dropboxes. Doug shared information about Prevention Council of Roanoke County’s [Lonely Dropbox](#) initiative which puts positive pressure and attention on pharmacies to encourage them to provide safe disposal services.
4. Treatment of incarcerated populations—about 10% of fatal overdoses are individuals who are incarcerated or have been in jail within the last year. Department of Corrections will give Vivitrol to those leaving the system in some areas. May also move forward to providing Buprenorphine to incarcerated population to support treatment and recovery. There is some funding through DCJS to support recovery in jail settings. Need to identify best practices and focus on recovery—not stopping with treatment.
5. There is a lot of money coming from the federal government to deal with opioid treatment and recovery. This is coming from numerous sources. SAMHSA may be sending more money to the states. Possibly the Department of Labor may fund some recovery initiatives as part of overall workforce development. There may be a funding stream through USDA. Jodi asked for us to notify her if we hear of any possible funding sources.



As a physician Governor Northam is very engaged with this issue. He will be doing grand rounds in medical schools. All meetings of the Stakeholder group are open to the public.

Gail noted that Jodi is keeping all the balls in the air, showing the intersectionality of these issues and, in particular, prevention and treatment/recovery. Doug noted that SouthWest Virginia is having a meth problem much more than an opioid problem. He asked whether there is a creative way to use some of the funding to address overall prevention so we aren't chasing fads. We all agree the problem isn't just opioids; the problem is addiction and the factors that lead to addiction. Some of the most successful initiatives in the communities are those to build health including availability of nutritious food (see [Go Healthy West Piedmont](#)). Jean said when they conducted trainings across the state it was noted people will use any drug available if they have a substance use disorder.

**Follow up re. VOSAP MOA and whether all of respective agency/organization initiatives are represented in annual report submissions; Faith Community outreach update**

Jennifer reported that the VOSAP MOA will be updated in the fall. More on that will be forthcoming.

She also shared that she connected with VDH Office of Health Equity, Partners in Prayer & Prevention Coordinator Veronica Cosby. She participated in a teleconference hosted by Veronica with P3 Champions across the state. P3 evolved from the Virginia Congregations for Million Hearts program. While Million Hearts focused on heart health, P3 has expanded to address other issues. The VOSAP mission and vision references participation with faith communities and communication/participation with P3 Champions can facilitate sharing our messages with many thousands of congregants statewide. DSS also has an initiative working with faith communities. Jennifer previously connected with Zandra Relaford who has since moved on. DSS Director, Community & Volunteer Services Fran Inge is working on filling the position. Also, SW Virginia coalitions have been trailblazers working with faith communities. They recently hosted the third ASAC: Appalachian Substance Abuse Coalition for Prevention Treatment and Recovery's Faith Based Initiative in Tazewell County. ASAC is a regional coalition representing 10 counties in SW VA.

Jennifer also discussed the information required in the [VOSAP Annual Report](#). She said that some agencies that are very large may have substance abuse prevention-related information to share from multiple divisions. It's important that the VOSAP Collaborative representative report for the entire agency/organization. Also, we talked about the [fiscal map conducted by the Children's Cabinet](#) and the goal to think about prevention, funding, and initiatives in the big picture perspective and at the detailed/initiative level as well.

**CCoVA Fall Prevention Summit**

Doug shared that CCoVA will host a summit tentatively October 29 at the Hotel Roanoke. There is a subcommittee working on this and CCoVA welcomes suggestions and participation. There will be focus on marijuana and opioids, but may also include meth, vaping and other topics. He said perhaps VFHY's curriculum could be shared at the summit. Virginia Tech Carillion researchers may also share research regarding kids' cell phone use as identifiers for future impacts.

Gail said Governor Northam recently visited DBHDS. The first priority he stated was prevention. Gail suggested inviting the Governor to the CCoVA Fall Prevention Summit.

**Virginia Beach Opioid Curriculum**

Jennifer contacted Vanessa regarding the curriculum noted in [House Bill 1532](#) ("...The bill provides that the Board of Education may consider the curriculum adopted by the School Board of the City of Virginia Beach regarding drugs and the opioid crisis in developing such curriculum guidelines.") Vanessa shared the curriculum with everyone (see attachments to email) and said it will be uploaded to the [HealthSmartVA](#) website

that is publically available and provides resources/SOLs, etc. to health, physical education and driver's education teachers. Vanessa reviews submissions including the content and assessments. Vanessa requested that if Collaborative members saw any gaps in resources and curricula, please let her know. She noted if something is needed, a systems approach is the best avenue. We need to keep empowering kids!

### **DBHDS News and Updates**

Gail is on the national advisory council for CADCA. Virginia will have a CADCA academy August 1-3, 2018. Also she and Dr. Richard Catalano are co-chairing an effort to ensure that all states have access to the most current prevention research.

Gail also shared examples from some of the grantees who are doing fantastic work with media campaigns and other initiatives. See also <https://www.CurbtheCrisis.com> (previously VirginiaAware.) There will be a media campaign with bus wraps, billboards, etc.

There are currently 9 Adverse Childhood Experiences Prepared Communities; received resources to do at least 20 communities. One requirement is that they work through a Collaborative.

### **VDH News and Updates**

Project ECHO is in place through three academic hubs: VCU, Virginia Tech Carillion, and UVA. DMAS is working with CSBs and prescribers bringing them on board. The DMAS model is geared towards prescribers and getting them waived for medically assisted treatment.

### **VFHY News and Updates**

Marty reported on the Virginia Youth Survey. They surveyed over 140 schools in 55 school divisions. See this [link](#) for results and trend reports.

### **Virginia ABC News and Updates**

Abby discusse [YADAPP](#) and the middle school needs assessment she conducted and mentioned she may revise the method for collecting data in the future. She recently attended the Virginia Association of School Superintendents conference to seek input and share resources.

### **DSS News and Updates**

Nicole shared that DSS is implementing in October 2019, Title 4E Family First Prevention Program. They are hiring a team working on child welfare. Ann Kiser is the Project Manager.

### **YOVASO News and Updates**

Krystal said their Summer Leadership Retreat is June 18-21 at JMU. As Education and Strategic Planning Manager she's working on integrating more into schools and doing more project-based learning.

### **DCJS News and Updates**

DCJS is presenting High In Plain Sight: Current Alcohol, Drug, and Concealment Trends and Identifiers December 6, 2018 in Salem and December 17 in Fredericksburg

The meeting adjourned at 11:00 a.m.

Respectfully submitted,  
Jennifer Farinholt  
VOSAP Facilitator